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# *The Cathedral* **MESSENGER**

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**Welcome to the Anglican Cathedral of St. John the Baptist  
15 May 2022  
The Fifth Sunday of Easter**

**COVID Update:** We strongly encourage you to continue wearing a mask while here in the Cathedral. You are welcome to sit in any pew, but please be respectful of others who may not be as comfortable with people sitting close to them. We will continue to receive the Collection with a Collection Plate at the back of the Nave. We will also continue receiving Communion at the Altar Rail, again, please be respectful of the personal space of other members of the congregation (please go up through the Lady Chapel and back through the organ tunnel). We will also continue to live-stream the Sunday services, as well as Morning Prayer on Tuesday, Wednesday, and Thursday each week.

### **A Mental Health Moment**

**If a person's behaviour is out of character, it may mean that they are experiencing a mental health problem or that they are under some other kind of stress. Be compassionate. Show the person that you're there to offer support. Examples: "That sounds really hard. What do you need right now? Is there anything I can do to help? Thank you for sharing this with me." (Source: Bell Let's Talk)**

**The Cathedral Vestry** will meet this Thursday, May 19<sup>th</sup>, at 7:30 p.m. This meeting will be on-line – members will receive a link to join the meeting.

**Congregational Meeting:** at 7 p.m. on Sunday, May 29<sup>th</sup>, in the Cathedral, we will meet to continue our discussions started at the Annual Meeting. Topics for discussion will be: the **Labyrinth**, the **Crypt Tea Room**, and the refurbishment and use of the **North Transept**. If you are unable to attend, but would like to share some ideas, please send them along to the Dean: [Roger@ourcathedral.ca](mailto:Roger@ourcathedral.ca).

**Congratulations** to Blaine Pretty, one of our Choral Scholars, who will receive the sacrament of Holy Baptism today following the 11 a.m. service. Any who are interested are welcome to stay and gather at the Font following the service, as we celebrate with Blaine!

**11:00 a.m. Choral Eucharist (BCP)**

**Setting: Mass of the Quiet Hour (George Oldroyd)**

The BCP is on-line: [www.anglican.ca/about/liturgicaltexts/](http://www.anglican.ca/about/liturgicaltexts/)

**Opening Hymn: 399 All Creatures of our God and King**

*Lasst uns erfreuen*

All creatures of our God and King,  
Lift up your voice and with us sing  
Alleluia, Alleluia!

Thou burning sun with golden beam,  
Thou silver moon with softer gleam:

*Refrain: O praise him, O praise him,  
Alleluia, Alleluia, Alleluia!*

2. Thou rushing wind that art so strong,  
Ye clouds that sail in heaven along,  
O praise him, Alleluia!

Thou rising morn, in praise rejoice,  
Ye lights of evening, find a voice:

*O praise him...*

3. Thou flowing water, pure and clear,  
Make music for thy Lord to hear,  
Alleluia, Alleluia!

Thou fire so masterful and bright,  
That givest man both warmth and light:

*O praise him...*

4. Dear mother earth, who day by day  
Unfoldest blessings on our way,  
O praise him, Alleluia!

The flowers and fruits that in thee grow,  
Let them his glory also show:

*O praise him...*

5. And all ye men of tender heart,  
Forgiving others, take your part,  
O sing ye, Alleluia!

Ye who long pain and sorrow bear,  
Praise God and on him cast your care:

*O praise him...*

6. Let all things their Creator bless,  
And worship him in humbleness,  
O praise him, Alleluia!

Praise, praise the Father, praise the Son,  
And praise the Spirit, Three in One:

*O praise him...*

The Lord's Prayer & Collect for Purity  
The Summary of the Law, *Kyrie eleison*

BCP p. 67

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The Collect of the Day

**The Proclamation of the Word**

**Acts 11:1-18**

Jessica Ozon

**Psalm 148**

p. 519

**Revelation 21:1-6**

Eric Steele

In Christ there is no East or West,  
In him no South or North,  
But one great fellowship of love  
Throughout the whole wide earth.

3. Join hands, then, brothers of the faith,  
Whate'er your race may be;  
Who serves my Father as a son  
Is surely kin to me.

2. In him shall true hearts everywhere  
Their high communion find,  
His service is the golden cord  
Close-binding all mankind.

4. In Christ now meet both East and West,  
In him meet South and North,  
All Christly souls are one in him,  
Throughout the whole wide earth.

**The Holy Gospel: John 13:31-35**

The Nicene Creed  
Sermon

p. 71  
**The Dean**

Offertory Sentence

Offertory Hymn: **470 Love divine, all loves excelling**

*Hyfrydol*

Love divine, all loves excelling,  
Joy of heaven, to earth come down,  
Fix in us thy humble dwelling,  
All thy faithful mercies crown.

4. Thee we would be always blessing,  
Serve thee as thy hosts above;  
Pray, and praise thee, without ceasing,  
Glory in thy perfect love.

2. Jesu, thou art all compassion,  
Pure unbounded love thou art;  
Visit us with thy salvation,  
Enter every trembling heart.

5. Finish then thy new creation,  
Pure and spotless let us be;  
Let us see thy great salvation,  
Perfectly restored in thee;

3. Come, almighty to deliver,  
Let us all thy grace receive:  
Suddenly return, and never,  
Never more thy temples leave.

6. Changed from glory into glory,  
Till in heaven we take our place,  
Till we cast our crowns before thee,  
Lost in wonder, love, and praise.

The Intercessions

**The Holy Communion**

Invitation, Confession, Absolution, Comfortable Words

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Thanksgiving and Consecration

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The Peace, Prayer of Humble Access, Agnus dei

p. 83

THE COMMUNION

*For those viewing on-line, we invite you to use this **Prayer for Spiritual Communion**:  
Lord Jesus, I believe that you are truly present in the Holy Sacrament. However, since I cannot now receive you sacramentally, I beseech you to come spiritually into my heart. I unite myself with you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.*

The Anthem: **O How Amiable**

*R. V. Williams*

The Lord's Prayer, Thanksgiving

p. 85

**The Gloria**

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The Blessing

Closing Hymn: **Will you come and follow me**

*Kelvingrove*

Will you come and follow me if I but call your name?  
Will you go where you don't know and never be the same?  
Will you let my love be shown, will you let my name be known,  
Will you let my life be grown in you and you in me?

2. Will you leave yourself behind if I but call your name?  
Will you care for cruel and kind and never be the same?  
Will you risk the hostile stare should your life attract or scare?  
Will you let me answer prayer in you and you in me?

3. Will you let the blinded see if I but call your name?  
Will you set the prisoner free and never be the same?  
Will you kiss the leper clean and do such as this unseen,  
And admit to what I mean in you and you in me?

4. Will you love the "you" you hide if I but call your name?  
Will you quell the fear inside and never be the same?  
Will you use the faith you've found to reshape the world around,  
Through my sight and touch and sound in you and you in me?

5. Lord, your summons echoes true when you but call my name.  
Let me turn and follow you and never be the same.  
In your company I'll go where your love and footsteps show.  
Thus I'll move and live and grow in you and you in me.

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**Our On-line Services are available live or recorded on:**

Facebook: [www.facebook.com/anglcathstj/](http://www.facebook.com/anglcathstj/)

and on our YouTube Channel: [www.youtube.com/channel/UCPn0-iS\\_T0pdmdfy3hJDbJA](http://www.youtube.com/channel/UCPn0-iS_T0pdmdfy3hJDbJA).

### Upcoming Sunday Services:

**May 22<sup>nd</sup>: Easter VI – 11 a.m. BCP Choral Eucharist**

**May 29<sup>th</sup>: Sunday after Ascension – 9 a.m. BCP said Eucharist  
11 a.m. BCP Choral Mattins**

**June 5<sup>th</sup>: Pentecost – 11 a.m. BCP Choral Eucharist**

**June 12<sup>th</sup>: Trinity – 11 a.m. BAS Choral Eucharist**

**Weekday Morning Prayer:** 9:30 a.m. Tuesday, Wednesday, and Thursday – **On-Line Only**

**Sunday Services:** At our Annual Meeting in March, we discussed various possibilities regarding the Sunday Morning Liturgies, as we continue to move forward from the pandemic. One of those options was to continue only with the main service at 11 a.m., which would continue to be primarily the BCP Eucharist, but we would try to include a Choral Mattins service and a BAS Eucharist once a month. At this point, we do not plan to reinstate the 7:30, 8:00, or 9:15 services. However, on a trial basis, we will have a BCP said Eucharist at 9 a.m. on the Sundays when we have Choral Mattins. **As Mattins is planned for May 29<sup>th</sup>, we will also have a BCP said Eucharist at 9 a.m. that morning.**

**We gratefully acknowledge** donations to:

**The General Fund:** *In memory of Bill Abraham on the anniversary of his death today*, from Jessie Abraham.

**The Dean's Discretionary Fund:** In thanksgiving of Anthony's Confirmation from Hugh & Valerie Donnan.

**The Dean's Discretionary Fund:** In thanksgiving for the restoration of David's eyesight after three operations in Halifax from David and Mary Tulett.

**The Altar Guild Flower Fund:** *In loving memory of George and Doreen Nightingale* from Jim and Linda Nightingale and Family.

**The Guild of St. Elizabeth:** Like many aspects of our community life at the Cathedral, the Guild of St. Elizabeth, our Tour Guides, have been very limited in their activity since the pandemic began. We are now looking forward to getting the Guild organized for visitors coming this summer. If you are interested in joining the Guild of St. Elizabeth, or assisting from time to time, please let us know! You can email the Dean at [Roger@ourcathedral.ca](mailto:Roger@ourcathedral.ca). We will have a meeting in the coming weeks.

**Summer Jobs:** We will have positions available this Summer for Tour Guides (and other duties) for High School and University students. If you are interested in applying for a position, please send a resume to the Office ([office@ourcathedral.ca](mailto:office@ourcathedral.ca)). For more information, please speak to the Dean.

**Jacob's Passage Concert:** The Parish of St. Lawrence, Portugal Cove, is hosting a Gospel Concert featuring Jacob's Passage on May 15 @ 7 PM. Cost is \$10.00 per person, with refreshments served at the intermission. Please come and bring a friend!!

**Come "Awaken the Energy Within"** for more relaxation, energy, wellness and joy with Beginners T'ai Chi Chih Joy thru Movement and Wisdom Healing Qigong. Daytime sessions Mondays and Wednesdays for all of May and until mid-June in-person at The Lantern, 35 Barnes Road, as well as on-line on Zoom. Please contact me for the Zoom link. New and returning participants welcome! Can be done seated or standing according to one's ability. For more details, please contact Sheila at 727-7863 or [sheilaleonard@nf.sympatico.ca](mailto:sheilaleonard@nf.sympatico.ca) or visit her web site at [www.sheilaleonard.ca](http://www.sheilaleonard.ca). Or call The Lantern at 753-8760.