



# *The Cathedral* **MESSENGER**

**Welcome to the Anglican Cathedral of St. John the Baptist**

**22 May 2022**

**The Sixth Sunday of Easter**

**COVID Update:** We strongly encourage you to continue wearing a mask while here in the Cathedral. You are welcome to sit in any pew, but please be respectful of others who may not be as comfortable with people sitting close to them. We will continue to receive the Collection with a Collection Plate at the back of the Nave. We will also continue receiving Communion at the Altar Rail, again, please be respectful of the personal space of other members of the congregation (please go up through the Lady Chapel and back through the organ tunnel). Also, **please be aware that our services are Live-streamed**, so it is possible, from time to time, that you may be visible on our cameras.

### **A Mental Health Moment**

**If someone is struggling, support them in coming up with a plan, locating resources, and identifying coping strategies. If they don't believe there's a problem, don't argue or suggest possible solutions. You can keep checking in to see how they're doing. Examples: "Have you ever felt this way before and if so, what was helpful in the past? Have you reached out to your family doctor? Let's talk about what will help you cope right now."**

(Source: Bell Let's Talk)

**Congregational Meeting:** at 7 p.m. on Sunday, May 29<sup>th</sup>, in the Cathedral, we will meet to continue our discussions started at the Annual Meeting. Topics for discussion will be: the **Labyrinth**, the **Crypt Tea Room**, and the refurbishment and use of the **North Transept**. If you are unable to attend, but would like to share some ideas, please send them along to the Dean: [Roger@ourcathedral.ca](mailto:Roger@ourcathedral.ca).

**Sunday Services:** At our Annual Meeting in March, we discussed various possibilities regarding the Sunday Morning Liturgies, as we continue to move forward from the pandemic. One of those options was to continue only with the main service at 11 a.m., which would continue to be primarily the BCP Eucharist, but we would try to include a Choral Mattins service and a BAS Eucharist once a month. At this point, we do not plan to re-instate the 7:30, 8:00, or 9:15 services. However, on a trial basis, we will have a BCP said Eucharist at 9 a.m. on the Sundays when we have Choral Mattins. **As Mattins is planned for May 29<sup>th</sup>, we will also have a BCP said Eucharist at 9 a.m. that morning.**

**Many thanks** to all who supported our Easter fundraisers and enjoyed sharing chocolate and flowers for Easter!

**11:00 a.m. Choral Eucharist (BCP)**  
**Setting: Mass of the Quiet Hour (George Oldroyd)**  
The BCP is on-line: [www.anglican.ca/about/liturgicaltexts/](http://www.anglican.ca/about/liturgicaltexts/)

**Opening Hymn: 606 Jesus lives! Thy terrors now**

*St. Albinus*

Jesus lives! Thy terrors now  
Can no longer, death, appall us;  
Jesus lives! By this we know  
Thou, O grave, canst not enthrall us.  
Alleluia!

3. Jesus lives! For us he died:  
Then, alone to Jesus living,  
Pure in heart may we abide,  
Glory to our Saviour giving.  
Alleluia!

2. Jesus lives! Henceforth is death  
But the gate of life immortal;  
This shall calm our trembling breath  
When we pass its gloomy portal.  
Alleluia!

4. Jesus lives! Our hearts know well  
Nought from us his love shall sever;  
Life, nor death, nor powers of hell  
Tear us from his keeping ever.  
Alleluia!

5. Jesus lives! To him the throne  
Over all the world is given;  
May we go where he is gone,  
Rest and reign with him in heaven.  
Alleluia!

The Lord's Prayer & Collect for Purity  
The Summary of the Law, *Kyrie eleison*

BCP p. 67  
p. 69

The Collect of the Day

**The Proclamation of the Word**

**Acts 16:9-15**

**Psalm 67**

**Revelation 21:10, 22—22:5**

p. 409  
Rohan Dawkins

Gradual Hymn: **CP 450 You call us, Lord, to be**

*Rhosymedre*

You call us, Lord, to be a people set apart,  
To feel with thoughtful mind and think with tender heart,  
Thus chosen, now, O Lord, we ask  
For faith in your unfailing grace  
To make us equal to the task.

2. You call us, Lord, to care for self and neighbour too,  
To take the risk, and dare to show what love can do.  
Thus chosen, now, O Lord, we ask  
For faith in your unfailing grace  
To make us equal to the task.

3. You call us, Lord, to be good stewards of the earth;  
To tend it as a place of blessedness and worth.  
Thus chosen, no, O Lord, we ask  
For faith in your unfailing grace  
To make us equal to the task.

4. You call us, Lord, to serve: to die that we may live,  
To know we best receive when joyfully we give.  
Thus chosen, now, O Lord, we ask  
For faith in your unfailing grace  
To make us equal to the task.

### **The Holy Gospel: John 5:1-9**

The Nicene Creed  
Sermon

p. 71

**The Vicar**

Offertory Sentence

Offertory Hymn: **378 God of mercy, God of grace**

*Heathlands*

God of mercy, God of grace,  
Show the brightness of thy face;  
Shine upon us, Saviour, shine,  
Fill thy Church with light divine;  
And thy saving health extend  
Unto earth's remotest end.

2. Let the people praise thee, Lord;  
Be by all that live adored;  
Let the nations shout and sing  
Glory to their Saviour King;  
At thy feet thy tribute pay,  
And thy holy will obey.

3. Let the people praise thee, Lord;  
Earth shall then her fruits afford;  
God to man his blessing give,  
Man to God devoted live;  
All below, and all above,  
One in joy, and light, and love.

The Intercessions

## **The Holy Communion**

Invitation, Confession, Absolution, Comfortable Words	p. 76
Thanksgiving and Consecration	p. 78
The Peace, Prayer of Humble Access, Agnus dei	p. 83

### THE COMMUNION

*For those viewing on-line, we invite you to use this **Prayer for Spiritual Communion**:  
Lord Jesus, I believe that you are truly present in the Holy Sacrament. However, since I cannot now receive you sacramentally, I beseech you to come spiritually into my heart. I unite myself with you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.*

The Anthem: <b>Ave Verum Corpus</b>	Wm. Byrd
The Lord's Prayer, Thanksgiving	p. 85
<b>The Gloria</b>	p. 86
The Blessing	

Closing Hymn: **618 Glorious things of thee are spoken** *Austria*

Glorious things of thee are spoken,  
Zion, city of our God;  
He, whose word cannot be broken, formed  
thee for his own abode.  
On the Rock of ages founded,  
What can shake thy sure repose?  
With salvation's walls surrounded,  
Thou may'st smile at all thy foes.

2. See, the streams of living waters,  
Springing from eternal love,  
Well supply thy sons and daughters,  
And all fear of want remove.  
Who can faint, when such a river  
Ever flows their thirst to assuage;  
Grace, which like the Lord, the Giver,  
Never fails from age to age?

3. Round each habitation hovering,  
See the cloud and fire appear  
For a glory and a covering –  
Showing that the Lord is near.  
Thus they march, the pillar leading,  
Light by night and shade by day;  
Daily on the manna feeding  
Which he gives them when they pray.

4. Saviour, since of Zion's city  
I, through grace, a member am,  
Let the world deride or pity,  
I will glory in thy Name.  
Fading is the world's best pleasure,  
All its boasted pomp and show;  
Solid joys and lasting treasure  
None but Zion's children know.

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**Our On-line Services are available live or recorded on:**

Facebook: [www.facebook.com/anglcathstj/](http://www.facebook.com/anglcathstj/)

and on our YouTube Channel: [www.youtube.com/channel/UCPn0-iS\\_T0pdmdfy3hJDbJA](http://www.youtube.com/channel/UCPn0-iS_T0pdmdfy3hJDbJA).

### Upcoming Sunday Services:

**May 29<sup>th</sup>: Sunday after Ascension – 9 a.m. BCP said Eucharist  
11 a.m. BCP Choral Mattins**

**June 5<sup>th</sup>: Pentecost – 11 a.m. BCP Choral Eucharist**

**June 12<sup>th</sup>: Trinity – 11 a.m. BAS Choral Eucharist**

**June 19<sup>th</sup>: 2<sup>nd</sup> after Pentecost – 11 a.m. BCP Choral Eucharist**

**Weekday Morning Prayer:** 9:30 a.m. Tuesday, Wednesday, and Thursday

These services will be on-line, but if you would like to join us in-person, you are quite welcome!

**Pentecost Sunday – June 5<sup>th</sup>:** In 2 weeks we will celebrate the Feast of Pentecost and recall the coming of the Holy Spirit on the disciples. The Liturgical colour for Pentecost is red, so we encourage everyone in the congregation to **wear RED for Pentecost!** June 5<sup>th</sup> also coincides with the official celebrations for the Queen's Jubilee, which will be commemorated in the prayers and the Royal Anthem at our service.

**The Guild of St. Elizabeth:** Like many aspects of our community life at the Cathedral, the Guild of St. Elizabeth, our Tour Guides, have been very limited in their activity since the pandemic began. We are now looking forward to getting the Guild organized for visitors coming this summer. If you are interested in joining the Guild of St. Elizabeth, or assisting from time to time, please let us know! You can email the Dean at [Roger@ourcathedral.ca](mailto:Roger@ourcathedral.ca). We will have a meeting in the coming weeks.

**Summer Jobs:** We will have positions available this Summer for Tour Guides (and other duties) for High School and University students. If you are interested in applying for a position, please send a resume to the Office ([office@ourcathedral.ca](mailto:office@ourcathedral.ca)). For more information, please speak to the Dean.

**Come “Awaken the Energy Within”** for more relaxation, energy, wellness and joy with Beginners T'ai Chi Chih Joy thru Movement and Wisdom Healing Qigong. Daytime sessions Mondays and Wednesdays for all of May and until mid-June in-person at The Lantern, 35 Barnes Road, as well as on-line on Zoom. Please contact me for the Zoom link. New and returning participants welcome! Can be done seated or standing according to one's ability. For more details, please contact Sheila at 727-7863 or [sheilaleonard@nf.sympatico.ca](mailto:sheilaleonard@nf.sympatico.ca) or visit her web site at [www.sheilaleonard.ca](http://www.sheilaleonard.ca). Or call The Lantern at 753-8760.

Coastal Sounds Choir Association Presents **Earth Song Spring Concert** with music by Aurora Women's Choir and Coastal Sounds Community Choir, on Sunday May 29<sup>th</sup> from 3 to 5 p.m. at Topsail United Church with guest violinist, Rosemary Lawton. Donations for the Community Food Bank greatly appreciated. Door Prizes from Newfoundland Chocolate Company, Home Hardware in Manuels and Jumping Bean Coffee. Tickets \$20 are available on Eventbrite by visiting <https://www.eventbrite.ca/e/earth-song-spring-concert-by-csca-tickets-340335401347>.

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