



The Cathedral MESSENGER

Welcome to the Anglican Cathedral of St. John the Baptist 27 November 2022 First Sunday in Advent

Coming up this week...

Wednesday	7:30 p.m.	Cathedral Choir	Crypt
Friday	2:30 p.m.	Altar Guild Annual Meeting	Crypt
Saturday	11:00 a.m.	Baptism	Cathedral

A Mental Health Moment

The fifth and final stage of loss and grief, acceptance, is about accepting the reality and recognizing that the new reality is the permanent one.

(Source: Centre for Addiction and Mental Health)

After Service Refreshments – Please join us in the North Transept after the service for a time of fellowship and refreshment!

Advent Project – Call for Personal Hygiene Items

During Advent, starting November 27 and up to the last Sunday of Advent (December 18), the Ministry and Outreach Committee will be collecting hygiene items for those in need. Some items suggested by The Gathering Place and Emmaus House are body wash, soap, deodorant, toothbrush, toothpaste, shampoo, disposable razors, shaving gel, toilet tissue, and unworn underwear. There will be a box placed in the back pews of the north side aisle by the stone porch for donations. Please consider adding this project to your Advent discipline and preparations for Christmas this year.

Volunteers needed – The Cathedral is in urgent need of volunteers for the **Stewards** group, which helps to count, record, and deposit collections. If you would like to volunteer, please contact the office @ 726-5677 or email: office@ourcathedral.ca.

St. Michael and All Angels Congregation will be worshipping at the Cathedral on a short-term basis. They will meet at 2 p.m. on Sunday afternoons starting next week.

Community Pantry – A new initiative of the Ministry and Outreach Committee is the installation of a community pantry on the fence facing Gower Street near the stone porch. The intent of the pantry is for anyone (not specifically the congregation) to bring or take non-perishable food items or (no-risk) personal hygiene essentials as they have them or need them - similar to other pantries or libraries that you may have seen. This is something that we are hoping the neighborhood will participate in as awareness grows. Our sincere thanks to Nick Facey for constructing and installing the pantry!

Please see the Separate Order of Service for the Advent Lessons and Carols

Lighting the Advent Wreath for the First Sunday in Advent

Blessed are you, sovereign Lord, God of our ancestors:
to you be praise and glory for ever.

You called the patriarchs to live by the light of faith
and to journey in the hope of your promised fulfilment.
May we be obedient to your call and be ready and watchful
to receive your Christ, a lamp to our feet and a light to our path;
for you are our light and our salvation.

Blessed be God for ever.

God of Abraham and Sarah, and all the patriarchs of old,
you are our Father too. Your love is revealed to us in Jesus
Christ, Son of God and Son of David. Help us in preparing
to celebrate his birth to make our hearts ready for your
Holy Spirit to make his home among us. We ask this
through Jesus Christ, the light who is coming into the
world. **Amen.**

The First Candle is lit

**Lord Jesus, light of the world,
born in David's city of Bethlehem,
born like him to be a king:
be born in our hearts at Christmas,
be King of our lives today.
Amen.**

People of God: awake! The day is coming soon when you
shall see God face to face. Remember the ways and the
works of God. God calls you out of darkness to walk in
the light of his coming. You are God's children.

**Lord, make us one as we walk with Christ today and
for ever. Amen.**

Our On-line Services are available live or recorded on:

Facebook: www.facebook.com/anglcathstj/

and on our YouTube Channel: www.youtube.com/channel/UCPn0-iS_T0pdmdfY3hJDbJA.

Upcoming Sunday Services:

**December 4th: Advent II – 11 a.m. BCP Choral Eucharist with Great Litany
– 2 p.m. St. Michael and All Angels' Congregation**

**December 11th: Advent III – 11 a.m. BAS Choral Eucharist
– 2 p.m. St. Michael and All Angels' Congregation**

**December 18th: Advent IV – 9 a.m. BCP Holy Eucharist (said)
– 11 a.m. Christmas Lessons and Carols
– 2 p.m. St. Michael and All Angels' Congregation**

Weekday Morning Prayer is on-line and in-person: 9:30 a.m. Tuesday, Wednesday, & Thursday

Christmas Services:

Christmas Eve, Saturday, 24 December

4 p.m. The Blessing of the Creche & Children's Christmas Pageant.

7:30 p.m. Holy Eucharist (BAS) with St. Michael's Congregation

11 p.m. Choral Eucharist (BCP) with Bishop Sam Rose.

Christmas Day, Sunday, 25 December

11 a.m. BCP Holy Eucharist

Monthly Special Offering Intentions: Our special intention for November is **Advent**. Please write "Advent" on your envelope or in the memo of your electronic donation.

We gratefully acknowledge donations to:

The General Fund *in memory of Wilfred, Olive, Edison & Derek Thomas* from the Family.

Advent Jesse Tree: The Cathedral's Sunday School team invites the congregation to join in the Advent tradition of preparing for Christmas by decorating a Jesse Tree. Every day in Advent, we read a Bible story (and decorate an ornament, if you're so inclined) which traces the stories of the Old Testament patriarchs, God's covenants with Israel, the prophets and others. For resources or more information, please speak to Heather Andres (zolatough@hotmail.com).

Live Nativity Casting Call! The Live Nativity will take place on Sunday December 18th, from 12:30 to 2 p.m. We are looking for shepherds, wise men, and a holy family! Please contact the Office if you would like to take part in this popular presentation of the Nativity scene! Costumes will be provided!

The Blessing of the Crèche Service & Children's Christmas Pageant will take place at 4 p.m. on Christmas Eve. As you know, we have been unable to have this service for the past 3 years! We hope that families with children of all ages will come out and take part in this wonderful Christmas Tradition! If there are any young people who would like to do a reading, please let us know. We will need shepherds, angels, and animals of all sorts, to come and join the Holy Family in the retelling of the Christmas Story. Our Bishop will also be here to celebrate this service with us. Please spread the word and plan to join us on Christmas Eve! Please email Roger@ourcathedral.ca for more information or to volunteer to read.

Christmas Home Communion: Many thanks to Fr. Garry Parsons who will be assisting with Home Communion for Christmas. If you, or someone you know, would like to receive Communion at home during the Christmas Season, please contact the Office with your information, and we will add you to the schedule.

PWRDF World of Gifts: Are you looking for a gift for that special person? Are you looking for a way that your gift-giving brings about positive change? Consider the Primate's World Relief and Development Fund's World of Gifts. These gifts provide things like Food Security, Clean Water, Disaster Relief, Support to Indigenous Programs and much, much more. Go to <https://pwrdf.org/world-of-gifts/> to give a gift that truly keeps on giving.

Prayer Book Society Calendars are now available by calling Michael Donnan 753-5193, the price is \$8.00 each and the featured Newfoundland church is St. Peter's Upper Gullies.

COVID Update: The wearing of masks is optional here in the Cathedral. We do ask that you please be respectful of others who may have a different practice with masks. We will continue to receive the Collection with a Collection Plate at the back of the Nave. We will also continue receiving Communion at the Altar Rail: please go up through the Lady Chapel and back through the organ tunnel. Also, **please be aware that our services are Live-streamed**, so it is possible, from time to time, that you may be visible on our cameras.

Christmas Flowers – Parishioners who wish to remember their loved ones by having flowers in the Cathedral for Christmas may either give donations or purchase and deliver flowers directly to the church. Donations may be given during regular collection with Attention to Altar Guild “flowers for Christmas” or to Jill during regular office hours, please contact 726-5677 or email: office@ourcathedral.ca for further information. Members of the Altar Guild will be in the Cathedral on Thursday, December 22nd from 10am to 12 noon and flowers may be delivered at that time.

The Altar Guild Annual Meeting will take place 2:30 p.m. on Friday, December 2nd, in the Crypt.

Prayer Book Society Calendars are now available by calling Michael Donnan 753-5193, the price is \$8 each and the featured Newfoundland church is St. Peter's Upper Gullies.

Old Tyme Christmas Concert Saturday, December 10th @ 7:00 p.m. Admission: \$10 adults. Up to age 12: \$5. Children under 5: Free. Holy Innocents' Anglican Church, 297 Paradise Road, Paradise. For tickets, please contact Sylvia @ 782-7723 sfreid2003@yahoo.ca or e-Transfer hiacgive@hotmail.com

Ladies Afternoon Christmas Tea Join Parish of the Good Shepherd on Saturday, Dec. 10th, 2 – 4 p.m. for an afternoon of good food, music, prizes and fellowship. If you would like to host a table or book tickets, please call Wanda 746-3280, or the office at 747-1022. Tickets are \$10.

Donate Now

Your gift to our Cathedral enables us to continue our ministry to the local community, by supporting our clergy and our outreach programs.



- **Scan this code to donate through Canada Helps.**
- **Donate using our TipTapPay machine.**
- **Sign up for Pre-approved Debit**
- **Send an e-transfer to Donate@OurCathedral.ca.**
- **Visit OurCathedral.ca/giving for more details.**



Thank you for your support of Our Cathedral!

The Four Ships

Relationship – Discipleship – Stewardship -- Partnership

Deepening Relationships

(Excerpt from Bishop Sam Rose's Charge to Synod, November 2022)

If you ask me what my hope is for our future, it is simply that every person who is part of God's family here in Eastern Newfoundland & Labrador will deepen our relationship with God in Christ. We will rebuild nothing in this Diocese if we do not start with God. If we are to do anything in this Diocese, we must be renewed in our relationship with God and one another. This is foundational baptismal ministry.

Our relationships need to be deepened with our Indigenous relatives in Christ as we journey in reconciliation with the emerging Sacred Circle Indigenous Church. As you will read in the Report from St. Timothy's in Rigolet, I made my first visit as Bishop to share with the community in the ordination of the Rev'd Sarah Baikie as a Priest. I went into Rigolet feeling very anxious and nervous about being a white settler from a colonial church visiting the First People of the land. But because of Sarah and her beautiful spirit, the people of Rigolet truly welcomed me and gave me the gift of friendship, love, and acceptance. That will always be a holy moment in my ministry that I will cherish forever.

We are a Church that is called to respect and champion the dignity of every human being. We are a church called to work for the dismantling of sexism, racism, and colonialism. We are a Church called to nurture right relationships among people of faith in local, national, and global communities and networks.

I believe the foundation lies in deepening relationships. How is our relationship with God? How are our relationships with God's people? Nothing will be rebuilt or fixed outside of us unless we go deep within ourselves with God. I'm speaking of a spiritual renovation and revival in this Diocese. That will mean looking at our own personal relationship with God and God's People in God's World. How are we, as God's people in this Diocese, being reshaped and renewed for God's mission?

A core value is deepening our relationship with God and one another, and this needs to be at the very centre of the life and ministry of this Diocese.

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