



The Cathedral MESSENGER

Welcome to the Anglican Cathedral of St. John the Baptist
5 February 2023
Septuagesima

Coming up this week...

Wednesday 7:30 p.m.

Cathedral Choir

Crypt

A Mental Health Moment

There is a common misconception that addiction is a choice and that people can stop using drugs when they want to. Addiction is complex. People develop addictions because of many reasons, including: Events in life, especially trauma and chronic stress; Environmental factors; Mental well-being (emotions, thoughts, feelings, and mental illness); and Genetics and biology. (Source: Government of Canada)

Welcome Back to Khaliah who has returned to her ministry duties following a few months of parental leave. We are delighted to have her back with us in her leadership role at the Cathedral. With Khaliah back, **the Dean** will be taking this week off and will return to the parish on February 14th.

After Service Refreshments – Please join us in the North Transept after the service for a time of fellowship and refreshment.

Shrove Tuesday – As Lent begins with Ash Wednesday on February 22nd, Tuesday, February 21st will be Shrove Tuesday or Pancake Day! If you would like to assist with planning and preparing an event in the Crypt for that day, please let the Dean know!

Crypt Tea Room Meeting – While we all love the Crypt Tea Room, most will also acknowledge that it cannot continue using the pre-pandemic model. We would like to have a meeting to discuss the Tea Room and explore alternative models, to see if there is something worth pursuing. If you are interested in being part of this discussion, please come along to an open meeting at **11 a.m. on Saturday, February 25th, in the Crypt**. We welcome all interested parties to join in this open discussion of the future of the Tea Room.

New Dishwasher – after some attempts to repair the old dishwashers, we decided to purchase a new dishwasher for the Crypt. Many thanks to Michael and Hugh Donnan for arranging the pick-up and delivery!

11:00 a.m. Holy Baptism & Eucharist (BAS)

The BAS is on-line: www.anglican.ca/about/liturgicaltexts/

Setting: **The Saint Anne's Parish Eucharist** (*D.F. Cook*)

Opening Hymn: 388 Jesus shall reign where'er the sun

Duke Street

Jesus shall reign where'er the sun
Doth its successive journeys run;
His kingdom stretch from shore to shore,
till moons shall wax and wane no more.

3. Blessings abound where'er he reigns;
The prisoner leaps to lose his chains;
The weary find eternal rest,
And all the sons of want are blest.

2. People and realms of every tongue
Dwell on his love with sweetest song,
And infant voices shall proclaim
Their early blessings on his name.

4. Let every creature rise and bring
Peculiar honours to our King;
Angels descend with songs again,
And earth repeat the loud Amen.

The Gathering of the Community

BAS p. 151

The Collect of the Day

The Proclamation of the Word

Isaiah 58:1-12

Julia Mathieson

Psalm 112

p. 860

1 Corinthians 2:1-12

Darlene Steele

Gradual Hymn: 401 Immortal, Invisible, God only wise

St. Denio

Immortal, invisible, God only wise,
In light inaccessible hid from our eyes,
Most blessèd, most glorious, the Ancient of Days,
Almighty, victorious, thy great Name we praise.

2. Unresting, unhasting, and silent as light,
Nor wanting, nor wasting, thou rulest in might;
Thy justice like mountains high soaring above
Thy clouds which are fountains of goodness and love.

3. To all life thou givest—to both great and small;
In all life thou livest, the true life of all;
We blossom and flourish as leaves on the tree,
And wither and perish—but nought changeth thee.

4. Great Father of Glory, pure Father of Light,
 Thine Angels adore thee, all veiling their sight;
 All laud we would render: O help us to see
 'Tis only the splendour of light hideth thee.

The Holy Gospel: Matthew 5:13-20

Sermon

The Vicar

Presentation and Examination of the Candidates

p. 153

Prayers for the Candidates

p. 155

The Celebration of Baptism

Thanksgiving over the water

p. 156

The Baptismal Covenant

p. 158

The Baptism

p. 160

The Giving of Light

Confession and Absolution

p. 191

The Peace

Offertory Hymn: **487 Come down, O Love divine**

Down Ampney

Come down, O Love divine,
 Seek thou this soul of mine,
 And visit it with thine own ardour glowing;
 O Comforter, draw near,
 Within my heart appear,
 And kindle it, thy holy flame bestowing.

2. O let it freely burn,
 Till earthly passions turn
 To dust and ashes in its heat consuming;
 And let thy glorious light
 Shine ever on my sight,
 And clothe me round,
 the while my path illuming.

3. Let holy charity
 Mine outward vesture be,
 And lowliness become my inner clothing;
 True lowliness of heart,
 Which takes the humbler part,
 And o'er its own shortcomings
 weeps with loathing.

4. And so the yearning strong,
 With which the soul will long,
 Shall far outpass the power of human telling;
 For none can guess its grace,
 Till he become the place
 Wherein the Holy Spirit makes his dwelling.

The Celebration of the Eucharist

The Prayer over the Gifts

Eucharistic Prayer #2

p. 196

The Lord's Prayer

p. 211

*For those viewing on-line, we invite you to use this **Prayer for Spiritual Communion**:
Lord Jesus, I believe that you are truly present in the Holy Sacrament. However, since I cannot now receive you sacramentally, I beseech you to come spiritually into my heart. I unite myself with you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.*

Anthem: **Almighty and everlasting God**

Orlando Gibbons

Prayer after Communion

p. 214

The Blessing & Dismissal

p. 215

Closing Hymn: **CP 397 Praise the One who breaks the darkness**

Nettleton

Praise the one who breaks the darkness
With a liberating light.

Praise the one who frees the prisoners,
Turning blindness into sight.

Praise the one who preached the gospel,
Healing every dread disease,

Calming storms and feeding thousands
With the very bread of peace.

2. Praise the one who blessed the children
With a strong yet gentle word.

Praise the one who drove out demons
With a piercing two-edged sword.

Praise the one who brings cool water
To the desert's burning sand.

From this well come living water,
Quenching thirst in every land.

3. Praise the one true love incarnate:

Christ who suffered in our place.

Jesus died and rose for many

That we may know God by grace.

Let us sing for joy and gladness,

Seeing what our God has done.

Praise the one redeeming glory,

Praise the one who makes us one.

* * * * *

Our On-line Services are available live or recorded on:

Facebook: www.facebook.com/anglcathstj/

and on our YouTube Channel: www.youtube.com/channel/UCPn0-iS_T0pdmdfY3hJDbJA.

Please note: The wearing of masks is optional here in the Cathedral. We do ask that you please be respectful of others who may have a different practice with masks. We will continue to receive the Collection with a Collection Plate at the back of the Nave. We will also continue receiving Communion at the Altar Rail (Bread only): please go up through the Lady Chapel and back through the organ tunnel. Also, **please be aware that our services are Live-streamed**, so it is possible, from time to time, that you may be visible on our cameras.

Monthly Offering Intentions: Our special intention for February is **Emmaus House Food Bank**. Please write “Emmaus House” or “Food Bank” on your envelope or in the memo of your electronic donation.

2022 Annual Reports due February 17th: Please arrange to have your 2022 Annual Reports sent to Jill Kenny by Friday, February 17th. If your report needs to be typed, please deliver it to the Parish Office to the attention of Jill. Otherwise, you can send it electronically to office@ourcathedral.ca. Thank you for your timely attention. Please note: If you are not sure if you should prepare a report, please contact the Cathedral office @ 726-5677.

Free Bibles: We have received over 500 Bibles (Contemporary English Version), which are now available for anyone who wants one! Bibles are available near the stone porch entrance and downstairs on the large table outside the office.

The Church of the Good Shepherd is hosting a reconciliation workshop: **Mapping the Ground We Stand On** at 7 p.m. on Tuesday February 7th. This workshop is made available through PWRDF, facilitator is Canon Tom Mugford. To register please email the church office at cotgs@nf.aibn.com or call 747-1022.

Masterworks 3: Les Femmes – A Night of Great Women in Music

The Newfoundland Symphony Orchestra presents an evening celebrating the contribution of women to classical music with Masterworks 3: Les femmes. The concert features guest conductor Mélanie Léonard, and pianist Isabelle David. Music selections for the evening are all by women composers and include: *Overture in C* by Fanny Mendelssohn; *Piano Concerto Op. 7 in A minor* by Clara Schumann; and *Symphony No. 3* by Louise Farrenc. Masterworks 3 takes place at 8pm on Friday, February 10th at the Arts & Culture Centre St. John’s, and is presented by the Delta by Marriott Hotel and Conference Centre. Tickets are available at the ACC Box Office (709-729-3900), online at www.artsandculturecentre.com, and at the door.

Upcoming Sunday Services:

February 5th: Epiphany V – 11 a.m. BAS Choral Eucharist & Baptism
– 2 p.m. St. Michael & All Angels’ Congregation

February 12th: Epiphany VI – 11 a.m. BCP Choral Eucharist
– 2 p.m. St. Michael & All Angels’ Congregation

February 19th: Last after Epiphany – 9 a.m. BCP Holy Eucharist
– 11 a.m. BCP Choral Mattins
– 2 p.m. St. Michael & All Angels’ Congregation

February 26th: The First Sunday in Lent – 11 a.m. BCP Choral Eucharist & Great Litany in Procession

Weekday Morning Prayer is on-line and in-person:

9:30 a.m. Tuesday, Wednesday, & Thursday

Donate Now

Your gift to our Cathedral enables us to continue our ministry to the local community, by supporting our clergy and our outreach programs.

Scan this code to donate



- through Canada Helps.
- Donate using our TipTapPay machine.
- Sign up for Pre-approved Debit
- Send an e-transfer to Donate@OurCathedral.ca.
- Visit OurCathedral.ca/giving for more details.

Thank you for your support of Our Cathedral!



Lent 2023

Ash Wednesday, February 22nd

7 p.m. BCP Holy Eucharist and the Imposition of Ashes

Wednesdays from March 1st to 29th

7 p.m. BCP Sung Compline with Sermon

Holy Week Services:

Holy Monday, April 3rd 7 p.m. Sung Compline

Holy Tuesday, April 4th 7 p.m. Sung Compline

Holy Wednesday, April 5th 7 p.m. Tenebrae (*Service of Shadows*)

Maundy Thursday, April 6th

10:30 a.m. Renewals of Ordination Vows & the Blessing of the Oils

7 p.m. Institution of the Lord's Supper & the Stripping of the Altar

Good Friday, April 7th

10:30 a.m. Stations of the Cross Family Service

1 p.m. The Celebration of the Lord's Passion

Easter Day, April 9th

11 a.m. BCP Choral Eucharist

PARISH DIRECTORY

Parish Office

P.O. Box 23112

St. John's, NL, A1B 4J9

(709) 726-5677

Office@OurCathedral.ca

Website: OurCathedral.ca

The Rt. Rev'd Samuel Rose

Bishop of Eastern NL

576-6697; Bishop@Anglicanenl.net

Diocesan Website: AnglicanENL.net

The Very Reverend Roger Whalen

Dean and Rector – 693-4529;

Roger@OurCathedral.ca

The Rev'd Khaliah Kinkead-Dawkins

Vicar Missional – 425-2799;

Khaliah@OurCathedral.ca

Music Director

Mrs. Sharon Whalen

Music@OurCathedral.ca

Honourary Assistants

The Rev'd Canon Dr. Frank Cluett

The Rev'd Canon Margaret Hall

The Rev'd Dr. David Bell

The Rev'd Derrick Bishop

Church Wardens

Hugh Donnan: 689-7237

Hugh.donnan@gmail.com

Angela Morgan: 745-1789

ajbfrench@hotmail.com

Verger – Sharon Stuckey

Office Administrator – Jill Kenny – 726-5677