



The Cathedral MESSENGER

Welcome to the Anglican Cathedral of St. John the Baptist
28 May 2023
Pentecost Sunday

Coming up this week...

Wednesday	7:30 p.m.	Cathedral Choir	Crypt
Thursday	All Day	Organ Tuning	Cathedral

A Mental Health Moment

A tip to help you talk to someone about their drug or alcohol use is to not stigmatize: Be mindful of your own tone and biases; and Avoid being judgmental.

(Source: Government of Canada)

After Service Refreshments – Please join us in the Transept after the service for a time of fellowship and refreshment.

Baptism: Directly following our 11 a.m. service, we will welcome **Isabella Rosie Dianne Butler** in the sacrament of Baptism. Those who would like to stay for the Baptism are welcome to gather near the Font following the Postlude.

Summer Student Tour Guides – we are now accepting applications for Student Tour Guides for this summer. Positions will be available for High School and University students. If you are interested in applying for a position, please send a resume to the Office (office@ourcathedral.ca). For more information, please speak to the Dean.

Annual Congregational Meeting: Unfortunately, we are still not ready to present the Financial Statements for 2022. However, we have decided to move ahead with the other aspects of our Annual Meeting and call another meeting when the financial statements are ready. Therefore, we will have our **Annual Congregational Meeting, Part 1, on Sunday, 4 June immediately following the 11 a.m. service of Mattins**. At that time, we will receive the Reports for 2022, elect 3 new Vestry members, and discuss other business related to the Cathedral Parish. We will have Part 2 of our Annual meeting at a later date, when the financial statements have been fully prepared. The Annual Report (without the Financial Statements) is available today.

We gratefully acknowledge donations to:

Choral Scholarship – *In memory of my husband, Gordon Mathieson on the anniversary of his passing, from Julia, Alex and Sarah.*

11:00 a.m. BCP Choral Eucharist

The BCP is on-line: www.anglican.ca/about/liturgicaltexts/

Setting: **Darke in F**

Opening Hymn: 487 Come down, O Love divine

Down Ampney

Come down, O Love divine,
Seek thou this soul of mine,
And visit it with thine own ardour glowing;
O Comforter, draw near,
Within my heart appear,
And kindle it, thy holy flame bestowing.

2. O let it freely burn,
Till earthly passions turn
To dust and ashes in its heat consuming;
And let thy glorious light
Shine ever on my sight,
And clothe me round,
the while my path illuming.

3. Let holy charity
Mine outward vesture be,
And lowliness become my inner clothing;
True lowliness of heart,
Which takes the humbler part,
And o'er its own shortcomings
weeps with loathing.

4. And so the yearning strong,
With which the soul will long,
Shall far outpass the power of human telling;
For none can guess its grace,
Till he become the place
Wherein the Holy Spirit makes his dwelling.

The Lord's Prayer and the Collect for Purity
The Summary of the Law, *Kyrie eleison*
The Collect of the Day

BCP p. 67

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The Proclamation of the Word

Acts 2:1-21

Psalm 104:25-36

1 Corinthians 12:3b-13

Joseph Ayris

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Joyce King

Gradual Hymn: **CP 656 She comes sailing on the wind**

She flies on

*Refrain: She comes sailing on the wind,
her wings flashing in the sun;
on a journey just begun, she flies on.
And in the passage of her flight,
her song rings out through the night,
full of laughter, full of light, she flies on.*

1. Silent waters rocking on the morning of our birth,
like an empty cradle waiting to be filled.
And from the heart of God the Spirit moved upon the earth,
like a mother breathing life into her child.

2. Many were the dreamers whose eyes were given sight
when the Spirit filled their dreams with life and form.
Deserts turned to gardens, broken hearts found new delight,
and then down the ages still she flew on. *Refrain...*

3. To a gentle girl in Galilee, a gentle breeze she came,
a whisper softly calling in the dark,
the promise of a child of peace whose reign would never end,
Mary sang the Spirit song within her heart.

4. Flying to the river, she waited circling high
above the child now grown so full of grace.
As he rose up from the water, she swept down from the sky,
and she carried him away in her embrace. *Refrain...*

5. Long after the deep darkness that fell upon the world,
after dawn returned in flame of rising sun,
the Spirit touched the earth again, again her wings unfurled,
bringing life in wind and fire as she flew on. *Refrain...*

The Holy Gospel: John 20:19-23

The Nicene Creed

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The Sermon

The Reverend Khaliah Kinkead Dawkins

Offertory Hymn: **485 Breathe on me breath of God**

Trentham

Breathe on me, Breath of God,
Fill me with life anew,
That I may love what thou dost love,
And do what thou wouldst do.

3. Breathe on me, Breath of God,
Till I am wholly thine;
Until this earthly part of me
Glows with thy fire divine.

2. Breathe on me, Breath of God,
Until my heart is pure;
Until my will is one with thine
To do and to endure.

4. Breathe on me, Breath of God,
So shall I never die,
But live with thee the perfect life
Of thine eternity.

The Intercessions

The Holy Communion

Invitation, Confession, Absolution, Comfortable Words

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Thanksgiving and Consecration

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The Peace, Prayer of Humble Access, Agnus dei

p. 83

THE COMMUNION

*For those viewing on-line, we invite you to use this **Prayer for Spiritual Communion**:
Lord Jesus, I believe that you are truly present in the Holy Sacrament. However, since I cannot now receive you sacramentally, I beseech you to come spiritually into my heart. I unite myself with you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.*

Agnus Dei

Anthem: **O Lord, give thy Holy Spirit**

Tallis

The Lord's Prayer, Thanksgiving

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The Gloria

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The Blessing

Closing Hymn: **426 I feel the winds of God today**

Kingsfold

I feel the winds of God today;
Today my sail I lift,
Though heavy oft with drenching spray,
And torn with many a rift;
If hope but light the water's crest,
And Christ my bark will use,
I'll seek the seas at his behest,
And brave another cruise.

2. It is the wind of God that dries
My vain regretful tears,
Until with braver thoughts shall rise
The purer, brighter years;
If cast on shores of selfish ease
Or pleasure I should be,
Lord, let me feel thy freshening breeze,
And I'll put back to sea.

3. If ever I forget thy love
And how that love was shown,
Lift high the blood-red flag above:
It bears thy name alone.
Great Pilot of my onward way,
Thou wilt not let me drift;
I feel the winds of God today,
Today my sail I lift.

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Our On-line Services are available live or recorded on:

Facebook: www.facebook.com/anglcathsti/

and on our YouTube Channel: www.youtube.com/channel/UCPn0-iS_T0pdmdfy3hJDbJA.

Weekday Morning Prayer is on-line and in-person:

9:30 a.m. Tuesday, Wednesday, & Thursday – **There will be No Morning Prayer this Thursday, June 1st.**

Please note:

- The wearing of masks is optional here in the Cathedral. Please be respectful of others who may have a different practice with masks.
- We will continue to receive the Collection with a Collection Plate at the back of the Nave.
- **Please be aware that our services are Live-streamed**, so it is possible, from time to time, that you may be visible on our cameras.

Monthly Offering Intentions: Our special intention for May is **Choral Scholarship Fund**. Please write “Choral Scholarship” on your envelope or in the memo of your electronic donation.

Upcoming Sunday Services:

June 4th: Trinity Sunday – 9 a.m. BCP Holy Eucharist (said)

– 11 a.m. BCP Choral Mattins

– 2 p.m. St. Michael’s Congregation

June 11th: Pentecost 2

– 11 a.m. BAS Baptism & Choral Eucharist

– 2 p.m. St. Michael’s Congregation

June 18th: Pentecost 3

– 11 a.m. BAS Choral Eucharist & Baptism

– 2 p.m. St. Michael’s Congregation

June 25th: Patronal Festival

– 11 a.m. BCP Choral Eucharist

– 2 p.m. St. Michael’s Congregation

Mental Health First Aid: As part of our ongoing attention to mental health, the Cathedral will be offering Mental Health First Aid training on **June 10 and 11** in the Crypt. **(Please note the new date!)** It is a full 2-day course (8:30 AM – 4:30 PM or so daily) but we’ll take a break to facilitate worship on June 11. Please visit <https://www.mhfa.ca/> to learn more about this training. This session will be facilitated by our very own Susan Green. If you are interested in attending this course, please contact the Office (Office@ourcathedral.ca or 709-276-5677). The Cathedral will cover the cost of the course for our Parishioners. **This is a valuable and excellent workshop – sign up today while there is still space available!**

Patronal Festival – The Feast of The Nativity of St. John the Baptist on June 24th is our Patronal Festival. This year we have a few events planned with **Canon Tom Mugford, our Canon for Indigenous Ministry and Advocacy**, which will help us focus our attention on Indigenous ministries and peoples in our Diocese and in our country.

Vestry Presentation: Canon Tom will make a presentation to our Vestry at their meeting on June 15th.

Congregational Workshop: At 9:30 a.m. on Saturday, June 24th, Canon Tom will lead the **“Mapping the Ground We Stand on”** workshop. **Mapping the Ground We Stand On** is an interactive educational resource developed by the Primate’s World Relief & Development Fund/PWRDF in response to the Truth and Reconciliation Commission’s 94 Calls to Action. The workshop offers Indigenous and settler participants an opportunity to explore their historic and current place on the map of Canada and their relationship to one another. This free workshop will take place in the Cathedral. Please register for this workshop by contacting the Office.

Patronal Sunday Preacher: Canon Tom will be our preacher at the Choral Eucharist on Sunday morning, June 25th.

Patronal Dinner: The Cathedral will be returning to its long-standing tradition of a Patronal Dinner on Saturday, June 24 at the Bella Vista (26 Torbay Road in St. John's). Doors will open at 5:30 p.m., Dinner will be at 6 p.m. We will be having a 3-course sit-down catered meal. Adult tickets are \$50 and will include a garden salad appetizer, choice of entree from stuffed chicken breast, pan fried cod, or eggplant parmesan, and apple strudel for dessert. Child tickets will be \$15 for chicken fingers (4) and fries, with cookies for dessert. A cash bar will also be available. Please contact the office to purchase your tickets and arrange payment. Payment must be received by June 9 so that we can finalize numbers with the caterer.

Park Benches at the Cathedral: There was plenty of interest in the benches, and they have all been donated. Many thanks!

Set Sail: Charting the Course of Christ's Church: There will be an Information Session to introduce you to our Diocesan Strategic Plan at **7 p.m. on Wednesday, June 7th, at St. Mark's Church – please note the change of location!** During this session, Bishop Sam will discuss his vision for the Diocese and the goals of the Set Sail Strategic Plan. Participants will consider how the goals can be interpreted and realized in their own local contexts. Attendees should be able to return to their parishes with a good understanding of what comes next on our journey, together. All are welcome and we encourage as many of you as possible to attend this session.

Concerning the Holy Eucharist: Effective today, May 28th, the Bishop has lifted restrictions on the use of the Common Cup and the distribution of wine at the Eucharist. Please be assured that ***the receiving of wine through the Common Cup will be entirely your choice.*** The effectiveness of the Sacrament is not diminished by just receiving the Bread, as we have experienced over these past few years. ***The practice of intinction (dipping the bread in the wine) is not permitted in any form.*** If you do not wish to receive the wine, please indicate that to the Eucharistic minister by crossing your arms over your chest. Gluten-free hosts are also available upon request. We will still come up to the Altar Rail through the Lady Chapel and return through the organ tunnel. We will also bring the sacrament to you in your pew, if you are unable to come to the Altar Rail – please let one of the ushers know. ***Whether receiving in one kind or both kinds, all are welcome to receive the Sacrament of the Holy Eucharist here in our Cathedral.*** If you do not wish to receive the sacrament at all, you may still come forward for a blessing. Please indicate this to the priest by crossing your arms over your chest. If you have any questions concerning any of this, please contact the Dean.

A Note regarding the Emmaus House Food Bank: Thank you all for your support over the years since the Cathedral Parish has been involved in the operations of the joint intercity Roman Catholic/Anglican Food Bank. Since first formed, Emmaus House has assisted tens of thousands of people. During the past year we have seen a marked increase in demand for these services – our statistics for March 2023 show an overall increase in excess of 25% in the number of clients served over March of 2022. The number of children has increased by more than 100%! To help serve all these people, we are reminding parishioners of the demanding need for non-perishable food, personal sanitary items etc., or regular monetary contributions. In addition, the Cathedral team needs new volunteers! If you are available to assist in any capacity please contact one of your board representatives: the Rev'd Derrick Bishop (709-745-1973), Shirley Hearn (709-726-7616) or Gary Sooley (709-986-1953). Thank you!

“Truly I tell you whatever you did for one of the least of these brothers & sisters of mine you did for me.”

The Garden Labyrinth: We are looking for a few volunteers to help refurbish our Garden Labyrinth for the Summer season. There is not much heavy work, but there is a lot of bending over! The main job is to outline the Labyrinth with mulch again. If you are interested, please join us at **2 p.m. on Sunday, June 11th,** in the Church Yard. If the weather is not suitable, a new date will be chosen. Please check with the Dean!

The Philharmonic Choir of the Newfoundland Symphony will be presenting **FOR KING AND COUNTRY** on **Sunday, May 28th, 7:30 PM** at St. Mary's church on Craigmiller Ave. Enjoy Mozart's Coronation Mass and Handel's four Coronation Anthems. Soloists are Grace Nolan, Abra Whitney, Nick Leblanc and E Mark Murphy with guest organist Brent Fifield under the direction of Stephen Candow. Tickets are \$25 and are available at the door.

Donate Now

Your gift to our Cathedral enables us to continue our ministry to the local community, by supporting our clergy and our outreach programs.



- Scan this code to donate through Canada Helps
- Donate using our TipTapPay machine.
- Sign up for Pre-approved Debit
- Send an e-transfer to Donate@OurCathedral.ca.
- Visit OurCathedral.ca/giving for more details.

Thank you for your support of Our Cathedral!



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