

**A WARM WELCOME**  
to Visitors and Newcomers!



**Our Godly Play Children's Ministry** Meets downstairs during the 11 a.m. service most weeks. The children will process downstairs during the Gradual Hymn.



**Washroom Facilities** are located through the tunnel on the right side of the chancel and down the stairs.



**Assisted Listening Devices** are available at the entrance.



**New to the Cathedral?** Please fill out a welcome card/envelope found in the pews.



**Learn more about the Cathedral** by visiting [OurCathedral.ca](http://OurCathedral.ca)



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**The AED is mounted by the Sacristy.**

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# *The Cathedral* **MESSENGER**

**Welcome to the Anglican Cathedral of St. John the Baptist**  
**24 September 2023**  
**The Season of Creation IV**

### **Coming up this week...**

Wednesday 7:30 p.m. Cathedral Choir Crypt

**Please join us for the Block Party following today's service!**

**Confirmation:** We are planning to start Confirmation Classes again this Fall, in preparation for the Confirmation service in the Spring. If you, or someone you know, is interested in attending Confirmation Class, please contact the Office with your information, and we will let you know when Classes are scheduled. For more information, please speak to the Dean.

**Our Cathedral Choir** rehearses on Wednesday at 7:30 p.m. in the Crypt. If you are interested in joining the Choir, please contact Sharon Whalen, our Director of Music: [music@OurCathedral.ca](mailto:music@OurCathedral.ca). We especially need Sopranos and Tenors! Choral Scholarships are available for High School and University students.

There are many ways to be involved in the Liturgies, Ministries, and Outreach of the Cathedral community: **Servers, Eucharistic Assistants, Altar Guild, Element Bearers, Ushers, Emmaus House Food Bank, Youth Ministry, volunteers for Concerts and Events, Stewards (counters), Camera operators, Social Media & Web site techs, and volunteer Tour Guides.** If you are interested in any of our ministries, please contact the Office or speak to the Dean or the Vicar.

**Harvest Thanksgiving:** As usual at this time of year, we are asking anyone who is able and willing to come and help decorate the Cathedral for Harvest Thanksgiving. Members of the congregation are encouraged to contribute flowers and foliage for the decoration of the Cathedral, and to bring them along on the morning of Saturday, October 7<sup>th</sup> by 9:30 a.m. Because of the size of the Cathedral and the amount of decoration required, the more helpers we have, the better! For best results with cut foliage, we suggest that you cut your flowers/foliage on Friday and have it stand in water overnight. Donations of food (fresh vegetables, fruits, and preserves) will be gratefully received as well, and will be displayed as part of our Thanksgiving for God's many blessings. All food received will be distributed to Emmaus House and The Gathering Place.

**Renovations** have begun in the Transepts and Nave of the Cathedral. We expect work will continue for about 6 weeks, but there will be little, if any, disruption to our service schedule. This work will see the creation of wheelchair spaces in the centre nave aisle, an accessible washroom and a Labyrinth in the south Transept, a small kitchenette area in the North Transept, and new flooring throughout the main level of the Cathedral. Funding for this project comes from a Federal Accessibility Grant, the Harvey Clarke Capital Fund, and private donations.

**The Office will be closed from Monday September 25<sup>th</sup> to Monday October 2<sup>nd</sup>, inclusive.** Phone Messages and emails will still be checked daily.

**Quilts @ The Cathedral** is expanding, and will now be called **Quilts, Hooked Rugs, and Stitching @ The Cathedral**. This event will take place on November 3<sup>rd</sup> & 4<sup>th</sup>. There will be a planning meeting at the Cathedral at **7 p.m. on Monday, October 2<sup>nd</sup>**. Any who are interested in assisting are welcome to attend! Please enter through the Office Entrance.



## Donate Now

Your gift to our Cathedral enables us to continue our ministry to the local community, by supporting our clergy and our outreach programs.



- **Scan this code to donate through Canada Helps.**
  - **Donate using our TipTapPay machine.**
  - **Sign up for Pre-approved Debit**
  - **Send an e-transfer to:**  
**Donate@OurCathedral.ca.**
  - **Visit OurCathedral.ca/giving for more details.**
- Thank you for your support of Our Cathedral!**

**Monthly Special Offering Intentions:** Our special intention for September is "The Dean's Discretionary Fund." This Fund is a major source of outreach and support to individuals in the Community. If you would like to know more about this Fund, please contact the Dean. Please write "**Discretionary Fund**" on your envelope or in the memo of your electronic donation.

### Upcoming Sunday Services:

- October 1<sup>st</sup>: Creation V – 11 a.m. BCP Choral Eucharist**  
– 3 p.m. **The Blessing of the Animals**
- October 8<sup>th</sup>: Harvest Thanksgiving**  
– 11 a.m. **BCP Choral Eucharist**
- October 15<sup>th</sup>: Pentecost 20**  
– 11 a.m. **Jamaican Liturgy Choral Eucharist**  
– 3 p.m. **CLB Anniversary Parade**
- October 22<sup>nd</sup>: Pentecost 21 – 9 a.m. BCP Holy Eucharist**  
– 11 a.m. **BCP Choral Mattins**

**Weekday Morning Prayer is on-line and in-person:**  
9:30 a.m. Tuesday, Wednesday, & Thursday

**Concerning the Holy Eucharist:** The Sacrament is offered in both kinds – bread and wine. ***The receiving of both the bread and the wine (using the Common Cup) will be entirely your choice.*** The effectiveness of the Sacrament is not diminished by just receiving the Bread, as we have experienced over these past few years. ***The practice of intinction (dipping the bread in the wine) is not permitted in any form.*** If you do not wish to receive the wine, please indicate that to the Eucharistic minister by crossing your arms over your chest. Gluten-free hosts are also available upon request. We come up to the Altar Rail through the Lady Chapel and return through the organ tunnel. We will also bring the sacrament to you in your pew, if you are unable to come to the Altar Rail – please let one of the ushers know. ***Whether receiving in one kind or both kinds, all are welcome to receive the Sacrament of the Holy Eucharist here in our Cathedral.*** If you do not wish to receive the sacrament at all, you may still come forward for a blessing. Please indicate this to the priest by crossing your arms over your chest.

***Standing/Kneeling/Sitting:*** During our services, there is a traditional routine of standing, kneeling, or sitting for specific parts of the liturgy. Sometimes instruction is given, though most times it is obvious from the actions of the congregation. However, we recognize that not everyone can stand, kneel, or even sit for long periods of time. Please feel free to take whichever posture is comfortable, or even traditional, for you. If you have any concerns or questions about this, please contact the Dean.

**Please note:**

- The wearing of masks is optional here in the Cathedral. Please be respectful of others who may have a different practice with masks.
- We will continue to receive the Collection with a Collection Plate at the back of the Nave.
- **Please be aware that our services are Live-streamed**, so it is possible, from time to time, that you may be visible on our cameras.

**The Blessing of the Animals** is next Sunday, October 1<sup>st</sup>, at 3 p.m. All are welcome to come with their pets for this annual celebration of the animals in our lives.

**Cathedral Prayer List:** We are introducing a Prayer List Sign-up Sheet at the back of the Cathedral, where you can print the names of those who are sick and are seeking the prayers of the community. You can add your own name or someone else's, but please only add names with the consent of the person. Names added to this list will be prayed for during our worship on the date indicated and throughout the following week. Please clearly print the names – only the first name will be read. If we cannot read the name, then we cannot include the name. Please contact the Clergy if you would like to arrange Pastoral Care for yourself or the person for whom we will pray.

**Come “Awaken the Energy Within”** for more energy, wellness and joy with T'ai Chi Chih Joy thru Movement. Daytime and evening sessions Tuesdays and Thursday starting September 19<sup>th</sup> at The Lantern. Also, a Saturday Retreat on September 16<sup>th</sup> at the Presentation Sisters Virginia Water Contemplative. New and returning participants welcome! Can be done seated or standing according to one's ability. Please contact Sheila at 709-727-7863 or The Lantern at 709-753-8760.

**The Parish of the Good Shepherd**, 111 Richard Nolan Drive, Mount Pearl will be holding a Jigs Dinner on Monday, September 25<sup>th</sup>. Dinner includes Salt beef, vegetables and dessert. Tickets are dine in or takeout at a cost of \$20. Tickets are available from the church office by calling (709)747-1022. The Church office is open Monday and Wednesday afternoons from 1:30 to 4:30 and Thursday morning from 9:30-12:30. Payment is accepted through EMT, cash or cheque. If you choose EMT payment, kindly indicate in comments of your transfer that it is for the Jigs Dinner. Dinners can be picked up at 4:30 and Dine in is at 6 pm on September 25<sup>th</sup>.

11:00 a.m. Choral Eucharist (BAS)  
Setting: St. Anne Parish Eucharist (Cook)

Opening Hymn: **360 O Worship the King** *Hanover*  
**The Gathering of the Community** p. 185  
**The Gloria**  
The Collect of the Day  
**The Proclamation of the Word**  
**Exodus 16:2-15** **Heather Andres**  
**Psalms 105:1-6, 37-45** p. 845  
**Philippians 1:21-30** **Jessica Ozon**  
Gradual Hymn: **CP 529 God, my hope on you is founded** *Michael*  
The Holy Gospel: **Matthew 20:1-16**  
Sermon **The Reverend Khaliah Kinkead Dawkins**  
The Nicene Creed p. 188  
The Prayers of the People  
**The Confession and Absolution** p. 191  
**The Peace** p. 192  
**The Celebration of the Eucharist**  
Offertory Hymn: **297 Lord of all creation** *Hermas*  
Prayer over the Gifts  
Eucharistic Prayer #1 p. 193  
The Lord's Prayer p. 211  
The Breaking of the Bread p. 213  
THE COMMUNION  
Anthem: **Sacerdotes Domini** *Wm. Byrd*  
Prayer after Communion  
The Blessing  
Closing Hymn: **598 For the beauty of the earth** *Dix*

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**In the coming weeks** we will resume having members of the Congregation bring forward the elements for the Eucharist (Bread and Wine) during the Offertory Hymn. The Offertory actually refers to the bread and wine, and not the collection of donations, which will continue to be collected at the back of the Nave. We will create a schedule for those who would like to take this role during the Eucharist. **Please let us know if you are interested.** If you have any questions, please speak to the Dean.

**God, my hope on you is founded;**  
You my faith and trust renew:  
Through all change and chance you guide me,  
Only good and only true.  
God unknown, you alone  
Call my heart to be your own.

2. Human pride and earthly glory,  
Sword and crown, betray our trust;  
Though with care and toil we build them,  
Tower and temple fall to dust.  
But your power, hour by hour,  
Is my temple and my tower.

3. Daily does the\_almighty Giver  
Bounteous gifts on us bestow;  
God's desire for us delights us,  
Pleasure leads us where we go.  
Here at hand, love takes stand,  
Joy awaits God's sure command.

4. God's great goodness lasts forever,  
Deepest wisdom, passing thought:  
Splendour, light, and life attending,  
Beauty springing out of naught.  
Evermore from God's store  
New-born worlds rise and adore.

5. Still from earth to God eternal  
Sacrifice of praise be done,  
High above all praises praising  
For the gift of Christ the Son.  
Christ, you call one and all;  
Those who follow shall not fall.