

**A WARM WELCOME**  
to Visitors and Newcomers!



**Our Children's Ministry**  
Meets downstairs during the 11 a.m. service most weeks. The children will process downstairs during the Gradual Hymn.



**Washroom Facilities** are located through the tunnel on the right side of the chancel and down the stairs.



**Assisted Listening Devices** are available at the entrance.



**New to the Cathedral?**  
Please fill out a welcome card/envelope found in the pews.



**Learn more about the Cathedral** by visiting [OurCathedral.ca](http://OurCathedral.ca)



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**The AED is mounted by the Sacristy.**

## **PARISH DIRECTORY**

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# *The Cathedral* **MESSENGER**

**Welcome to the Anglican Cathedral of St. John the Baptist**  
**19 November 2023**  
**Pentecost 25**

### **Coming up this week...**

Wednesday 6:00 p.m.	Cathedral Executive	Board Room
Wednesday 7:30 p.m.	Cathedral Choir	Crypt

### **A Mental Health Moment**

To help with autumn anxiety, seek out professional help if you find yourself feeling overwhelmed. Don't wait until things get really bad. If you start to feel anxious and depressed, take prompt action to improve your mood. *(Source: Healthline)*

**We welcome the Reverend Canon Dawn Davis** as our guest preacher this morning. Canon Dawn is Assistant Professor of Contextual Learning and Director of Leadership for Ministry Programs at Huron College, Western University, in London, Ontario. She has been the Key-note speaker at our Diocesan Conference this weekend.

**This evening at 7 p.m.** we will have a service of **Choral Evensong**, during which we will install the newest members of the Cathedral Chapter: **The Ven. Christine Lynch**, Archdeacon of Trinity/Conception/Placentia; **The Rev'd Canon Deborah Pantin**, Mission Canon for Trinity/Conception/Placentia; and **The Rev'd Canon Amber Tremblett**, Mission Canon for Labrador.

**We welcome** in the Sacrament of Baptism today, **Rylan Norris Burden**, son of Jamie & Leeann, and **Ryan Slaney**, son of Bradley & Krysta. May the Lord Bless them as they begin their journey of faith! The Sacrament of Baptism will take place following the 11:00 service this morning.

**Sharon Whalen, our Director of Music**, will be taking leave for 8 months in 2024, from the beginning of January to the beginning of September. In her absence, Stephen Candow has accepted the temporary appointment as Director of Music for the Cathedral.

**Monthly Special Offering Intentions:** Our special intention for November is “Christmas Hampers.” Our Christmas Hampers are coordinated through Emmaus House, with our partner churches. The Hampers will include grocery store gift cards and some food essentials. Our portion for this year will be about \$3000. Please write “**Christmas Hampers**” on your envelope or in the memo of your electronic donation.

**Emmaus House Food Bank** – We collect food on Sunday mornings for Emmaus House Food Bank. Please place any donations in the box near the entrance. Emmaus House is also looking for donations of personal hygiene items, such as soap, deodorant, toothpaste, toothbrushes, sanitary napkins, & shampoo. These items can also be brought to the Cathedral and placed in the box provided.

**Renovations** are on-going in the Transepts and Nave of the Cathedral. While work continues, we expect little, if any, disruption to our service schedule. This work will see the creation of wheelchair spaces in the centre nave aisle, an accessible washroom and a Labyrinth in the south Transept, a small kitchenette area in the North Transept, a Children’s Area in the South Aisle, and new flooring throughout the main level of the Cathedral. Funding for this project comes from a Federal Accessibility Grant, the Harvey Clarke Capital Fund, and private donations.

### Upcoming Sunday Services:

**November 26<sup>th</sup>: The Reign of Christ**

- 11 a.m. BAS Choral Eucharist
- 7 p.m. Our Cathedral At Night

**December 3<sup>rd</sup>: First Sunday of Advent**

- 9 a.m. BCP Holy Eucharist
- 11 a.m. Advent Lessons & Carols

**December 10<sup>th</sup>: Second Sunday of Advent**

- 11 a.m. BCP Choral Eucharist with The Great Litany

**December 17<sup>th</sup>: Third Sunday of Advent**

- 9 a.m. BCP Holy Eucharist
- 11 a.m. Festival of Nine Lessons and Carols for Christmas

**Weekday Morning Prayer is on-line and in-person:**

9:30 a.m. Tuesday, Wednesday, & Thursday

**Lectionary Readings for next Sunday, November 26<sup>th</sup>:** Ezekiel 34:11-16, 20-24; Psalm 100; Ephesians 1:15-23; Matthew 25:31-46

**Our Cathedral at Night** will take place at **7 p.m. on Sunday, November 26<sup>th</sup>**. Come and experience the Cathedral by candle-light and explore prayer stations, some quiet music, and relax in the beauty of stillness.

**We gratefully acknowledge** donations to:

**Altar Guild Flower Fund** – *In loving memory of Gordon S. Squires* from his daughter Linda Nightingale, son-in-law Jim and Grandchildren, and also *in loving memory of Maurice Nightingale* from his brother Jim.

**Christmas Food Hampers** – *In memory of Wilfred, Olive, Edison & Derek Thomas* from the Family.

**Choral Scholarship Fund** – In memory of my late husband, John E. Snow from Gertrude Snow.

**11:00 a.m. Choral Eucharist (BCP)**

Setting: **Missa Sancta Maria Magdalena (Willan)**

Opening Hymn: **5 Christ, whose glory fills the skies** *Ratisbon*  
The Lord's Prayer & Collect for Purity BCP p. 67  
The Summary of the Law, *Kyrie eleison* p. 69  
The Collect of the Day

**The Proclamation of the Word**

**Judges 4:1-7** **Jessica Ozon**  
**Psalm 123** p. 498

**1 Thessalonians 5:1-11** **William Pryse-Phillips**  
Gradual Hymn: **63 Hark, a herald voice is sounding** *Merton*

**The Holy Gospel: Matthew 25:14-30**

The Nicene Creed p. 71  
Sermon **The Reverend Canon Dawn Davis**

Offertory Sentence  
Offertory Hymn: **457 Jesu, where'er thy people meet** *Warrington*  
The Intercessions

**The Holy Communion**

Invitation, Confession, Absolution, & Comfortable Words p. 76  
*Sursum corda*

Thanksgiving and Consecration p. 78  
*Sanctus & Benedictus*

The Peace, Prayer of Humble Access, *Agnus dei* p. 83

THE COMMUNION

Anthem: **Sacerdotes domine** **Wm. Byrd**  
The Lord's Prayer, Thanksgiving p. 85

The Gloria  
The Blessing  
Closing Hymn: **503 I heard the voice of Jesus say** *Kingsfold*

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**From the Cathedral Gift Shop!**

Beautiful 325<sup>th</sup> Anniversary Calendar for 2024 – \$15;  
Stained glass window ornaments, four to choose from – \$20 each;  
Two different magnets – \$3 each.

You can purchase any of these items after the 11:00 service in the coffee hour area. We take cash or credit! They are also available at the church office during regular business hours.

**The Fundraising Committee** welcomes your support for the 3<sup>rd</sup> year as partner with Chapman's Bakery to provide tasty, traditional Newfoundland treats just in time for Christmas. Please contact the office (or Patrice) if you would like an order form or to place orders. Price : \$12 for a pack of 16 pieces.

**Christmas Puddings – Our Good Shepherd Tradition** will be available again this year. To place an order for a Christmas Pudding please call our church office at 709-747-1022 or email [cotgs@nf.aibn.ca](mailto:cotgs@nf.aibn.ca). Cost is \$20. They will be available for pick up on December 3 after 11:30am. They make a lovely gift and are a tasty addition to any Christmas meal.